

Keto Puppy Chow

Serving Size - 1 oz

Recipe makes 20 servings

Nutrition: 180 calories, 15g fat, 3g carb, 1.5g fiber, 9g protien

Ingredients:

- 8 oz pork rinds
- ½ cup almond butter (or peanut butter)
- 4 oz dark chocolate (85% or higher)
- 4 tbsp butter
- 2 oz coconut oil
- ¼ tsp vanilla extract

Directions:

- Melt almond butter, dark chocolate, butter and coconut oil in a saucepan over medium heat. Stir with a whisk while melting.
- Once melted, set aside to cool for 2-3 minutes.
- Add a layer of pork rinds to a large mixing bowl. You may need to break larger pork rinds into smaller pieces.
- Cover pork rinds in chocolate and stir.
- Continue to alternate layers of chocolate mixture and pork rinds to blend together.
- Transfer to a large ziploc bag and shake.
- Allow to cool in the fridge for 20-30 mins.
- Store in the fridge.